10 Idioms about the human body

- **Hands are tied**
  You are prevented from doing something. It is not within your power.

- **Gut feeling**
  A sense or impression that your subconscious has about a person or situation.

- **A weight off your shoulders**
  You no longer have to worry about something or deal with something difficult.

- **Head start**
  An advantage over everyone else.

- **A sight for sore eyes**
  A sight that makes you happy.

- **Pain in the neck**
  Something or someone is making your life difficult.

- **Achilles' heel**
  A weakness that could result in failure.

- **Join at the hip**
  To be exceptionally close to someone.

- **Find your feet**
  To adjust to a new place or situation.

- **Weak at the knees**
  To feel an emotion so strongly that it makes you feel unstable on your feet.

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